Great food → healthy kids → fabulous life...



Fridge Layout

Care should be taken to ensure foods that are going to be eaten uncooked do not come into contact with raw meat or its juices.



Cooked and pre-made foods should be stored at the top of the fridge

Store dairy foods on the top two shelves

Next shelf down should be raw vegetables (if you don't have a crisper)

Next shelf down or at the bottom should be raw meats (store in a container to collect drips)

For fridges with a crisper, raw fruits and vegetables can be stored here

Photo supplied by NSW Food Authority