

Classroom activities

Stage 1 | Lesson three



Learning Outcomes

- **PD1-6** Understands contextual factors that influence themselves and others health, safety, wellbeing and participation in physical activity.
- **PD1-7** Explores actions that help make home and school healthy, safe and physically active spaces.
- **EN1-1A** Communicates with a range of people in informal and guided activities demonstrating interaction skills and considers how own communication is adjusted in different situations.
- **EN1-6B** Recognises a range of purposes and audiences for spoken language and recognises organisational patterns and features of predictable spoken texts.



Resources and Preparation

Resources

- Worksheet 19 – Reader's theatre script.
- Glue sticks.
- Pencils for writing.

Preparation

Prior to lesson:

- print out WS 19 – 1 per group.
- optional – print out WS 19 on A3 paper – copies as needed.

Duration | 75 minutes

The Adventures of Captain Fruit N Veg

Students will perform a reader's theatre based around fruit and vegetables as superheroes. Students will work together to come up with fruit and vegetable superhero identities to complete the script.

Introduction (5 mins)

- Ask students for their thoughts on Captain Fruit N Veg. What do they think the superhero looks like? What kind of superpowers might the superhero have? What kind of adventures might the superhero be involved in? How might the superhero come to the rescue?
- Advise students that they will be performing a reader's theatre around the Adventures of Captain Fruit N Veg. They will firstly need to finish the script!

Activity (40 mins)

1. Display a copy of WS 19 up on the whiteboard or place an A3 copy up on the wall.
2. Read through the script as a class and the instructions on how to finish off the story.
3. As a class come up with a jointly constructed script ending.
4. Divide students up into groups of 3-4.
5. Depending on the group, students could either create their own ending to the script or use the jointly constructed script. Students then allocate parts and practise. If students are creating their own ending to the script, they may need to be reminded that they only need to come up with a resolution/ending to their story. This will ensure they have time to finish the task and time to practise.



Conclusion (30 mins)

Groups present their reader's theatre to the class. The performances could be scheduled for another time.

Assessment

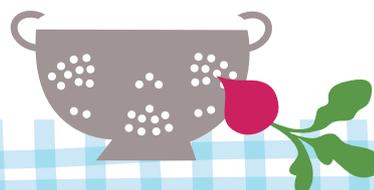
- For:** Student contribution to group discussions.
- As:** Student is able to identify why the situation needs to change. Student is able to identify ways the superheroes could help the characters.
- Of:** Student contribution to script task. Student role in presentation.

Differentiation

- Extend:** Students undertake the activity in pairs.
- Simplify:** Students undertake the activity as a class group with multiple fruit and vegetable superheroes included. Students work in groups with teacher/parent helper assistance.

School/Home Link

Students perform their scripts at assembly. Videos of performances are shared with parents/carers. Parents/carers are invited to view performances.



Characters

Narrator

Captain Fruit N Veg

Junk food Joe

Sick Suzie

Ill Ian

Fruit & Veg Team member/s

Script:

- Narrator 1:** Sick Suzie and Ill Ian were feeling bad. Not enough fruit and vegetables was the cause. Junk Food Joe was hanging around like a bad smell....
- Sick Suzie:** My tummy hurts, and I feel yucky.
- Ill Ian:** Achoo! Sniff, sniff. I don't feel very well either.
- Junk Food Joe:** Forget about it! You guys will be fine. Have another chip!
- Captain Fruit N Veg:** Zoom, zoom, zoom. Well what do we have here? You kids look sick. Let me guess...too much junk food and not enough F&V?
- Ill Ian:** What's F&V?
- Captain Fruit N Veg:** F&V are fruits and vegetables, my sick friend. They are food superheroes!
- Sick Suzie:** Well, we have been eating a lot of junk food lately. Junk Food Joe seems to hanging with us a lot.
- Junk Food Joe:** You love me! I smell good, taste delicious and am ready to eat anytime. You don't need F&V, just me.
- Captain Fruit N Veg:** Hmmm...looks like I am going to need back up.
BACK UP, PLEASE! CODE GREEN!

In your groups, or as a class, write the ending to this story.

You will need to:

- 1.** Come up with a fruit or veg superhero/es.
- 2.** Decide on the superhero/es superpower.
- 3.** Decide how Captain Fruit N Veg and your superhero/es battle Junk Food Joe and help Sick Suzie and Ill Ian.
- 4.** Write the rest of your script. Remember to start a new line for each character.

