# Healthy Kids Expo Recipe



## **Good Food Hero - Healthy Nachos**

### **Everyday**

Serves 8

#### Ingredients:

- 8 large wholemeal pita bread, cut into triangles
- 1kg Good Food Hero Beef Nacho Mince Catering
- 1 x 400g can of corn kernels
- 3 large tomatoes, chopped into squares
- 1½ cups tasty cheese, shredded
- ½ cup parsley, chopped
- ½ cup Greek yoghurt

#### Method:

- 1. Preheat oven or air fryer to 180°C
- 2. Place pita bread on a baking tray. Bake for 5-6 minutes or until golden. Remove and set aside to cool
- 3. Heat beef nacho mince as per instructions
- 4. In 8 separate bowls, evenly distribute the pita bread triangles, then top with mince
- 5. Top with corn, tomatoes, cheese, parsley and Greek yoghurt
- 6. Serve warm

