



Learning Outcomes

- **PD3-6** Distinguishes contextual factors that influence health, safety, wellbeing and participation in physical activity which are controllable and uncontrollable
- **PD3-7** Proposes and implements actions and protective strategies that promote health, safety, wellbeing and physically active spaces
- **EN3-1A** Communicates effectively for a variety of audiences and purposes using increasingly challenging topics, ideas, issues and language forms and features



Resources and Preparation

Resources

- Optional – examples of fruit and vegetable jokes, wordplay and songs via healthy-kids.com.au/teachers/fruit-veg-month/2021-resources/
- Optional – Worksheet 22 – A fruit and vegetable skit template
- Scrap paper or workbooks
- Pens/pencils for writing

Preparation

Prior to lesson:

- optional – organise skit material examples as required
- optional – print out WS 22 as required

Fruit & veg fun

Students celebrate fruit and vegetables through the use of humorous language. Students research fruit and vegetable jokes, wordplay and songs, and develop and perform a short skit.

Introduction (5 mins)

Recall information learnt in previous lessons such as the colours and types of fruit and vegetables, why it is important to eat a wide variety and strategies for encouraging others to eat more of them. Refer to the KWL chart as needed. Advise students that they are going to celebrate fruit and vegetables through developing and performing a funny skit.

Activity (30 mins)

1. Students form into groups of 3-4 students.
2. Students research fruit and vegetable-based jokes, puns, alliteration and songs. Advise students that in their skit they will also need to include some interesting fruit and vegetable facts. Provide WS 22 if students require a template for their research and skit planning.
3. Each pair/small group develops a 2–3-minute funny skit that celebrates fruit and vegetables.
4. Students rehearse their skit.

Conclusion (25 mins)

Students perform their skits in front of the class and vote on the best performance. Students discuss how they feel about fruit and vegetables after performing in and watching the skits.

Assessment

- For:** Student contribution to group skit development and performance.
Student contribution to group discussions.
- As:** Student is able to work in a group to develop skit.
- Of:** Student skit performance.

Differentiation

- Extend:** Students write up the skit for publication.
- Simplify:** Students are provided with examples of jokes, wordplay and songs for them to collate, practise and present. A list of resources can be found via healthy-kids.com.au/teachers/fruit-veg-month/2021-resources/

School/Home Link

The best performance/s can be selected to perform at assembly or other whole school/community gathering.

Duration | 60 minutes

A fruit and vegetable skit

Our team is _____
(put your real names in here)

Our team name is _____
(come up with a fruit and veg related team name)

Now do your research...

Our interesting facts:

1. _____

2. _____

3. _____

Our jokes:

1. _____

2. _____

3. _____

Wordplay – alliteration, puns, onomatopoeic examples we could use:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

